



Dairy Free Primary Menu 2026-2027



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Starter or Dessert	Lentil & Tomato Soup Fresh Fruit	Homemade Custard Biscuit Fresh Fruit	Melon Slice Fresh Fruit	Allergy Free Baking Fresh Fruit	Soya Yoghurt Fresh Fruit
Main Course	Chicken Burger in a Bun Diced Potatoes	Sausages and Gravy Baby Boiled Potatoes	Quorn Dippers Wrap Duchesse Potatoes	Diary Free Pizza^^ Potato Wedges	Breaded Fish Fingers Chips

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Starter or Dessert	Leek & Potato Soup Fresh Fruit	Fruit Salad Fresh Fruit	Soya Yoghurt Fresh Fruit	Allergy Free Baking Fresh Fruit	Shortbread Fresh Fruit
Main Course	Pork Balls in Gravy Diced Potatoes	Breaded Chicken Goujon Wrap Duchesse Potatoes	Homemade Steak Pie**** Baby Boiled Potatoes	Chicken Curry Rice	Breaded Fish Fingers Chips

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Starter or Dessert	Bruschetta^^ or Soya Yoghurt Fresh Fruit	Chicken Noddle Soup Fresh Fruit	Lentil Soup Fresh Fruit	Ginger Biscuit Fresh Fruit	Allergy Free Baking Fresh Fruit
Main Course	Roast Chicken in Gravy Duchesse Potatoes	Beef Burger in a Bun Diced Potatoes	Sausage Roll Potato Wedges	Homemade Spaghetti bolognese	Breaded Fish Chips

Please ensure any substitute products/ingredients are checked

*Make white sauce using Soya milk (If cheese listed in recipe, use Violife)

**Make using Spread and Alpro soya milk

**** Pastry is dairy free if it is not brushed with milk.

^ Ensure mash has no milk added

^^ For Garlic Bread use 5011050 Garlic & Parsley Bread

Unlimited vegetables, fruit and salad available every day. Water and milk is available daily.

All eggs are Free Range. All fish are Marine Stewardship Council certified. All Meat and Poultry is UK Farm Assured

If your child has a food allergy, please notify the school. All catering managers are trained on allergy awareness, and every effort will be made to accommodate your child's needs. Full allergy and recipe information is available for all dishes at www.argyll-bute.gov.uk/primary-school-meals-menu

Full details about our school meals can be found on the Council's website at www.argyll-bute.gov.uk/education-and-learning/school-meals

This menu is compliant with The Nutritional Requirements for Food and Drink in Schools (Scotland) Regulations 2020. This ensures more access to fruit and vegetables, reduction in sugar, red and red processed meat and ensures our children and young people have access to an appropriate amount of nutrients such as iron and vitamins.

The menu meets the standard required by the Soil Association Catering Mark Bronze Award, which promotes freshly made, sustainable and farm assured meals.