



Vegan Primary Menu 2026-2027



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/Dessert	Soya Yoghurt Fresh Fruit	Custard Cream Fresh Fruit	Melon Slice Fresh Fruit	Home Baking Fresh Fruit	Soya Yoghurt Fresh Fruit
Main Course	Teriyaki Broccoli & Vegan Ball Noodles ^^	Tomato & Basil Pasta	Quorn Dippers in a Wrap Diced Potatoes	Vegan Cheese Pizza** Diced Potatoes	Quorn Dippers Roll and Chips*

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/Dessert	Potato & Leek Soup Fresh Fruit	Fruit Salad Fresh Fruit	Soya Yogurt Fresh Fruit	Home Baking Fresh Fruit	Shortbread Fresh Fruit
Main Course	Crispy Katsu Curry with Rice	Macaroni Cheese**	Baked Potato with Baked Beans	Quorn Sausage Hot Dog with Salad	Quorn Pie with Chips

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Starter/Dessert	Bruschetta^ Fresh Fruit	Soya Yoghurt Fresh Fruit	Lentil Soup Fresh Fruit	Ginger biscuit Fresh fruit	Home Baking Fresh Fruit
Main Course	Tomato Pasta	Vegetable Curry Rice	Sausage Roll Potato Wedges	Quorn Sausages in Gravy Diced Potatoes	Quorn Dippers Roll and Chips*

Please ensure any substitute products/ingredients are checked

*Chips fried in the same fryer as fish are not vegan

**Make white sauce using Soya milk (If cheese listed in recipe, use Violife)

***Make using Vitalite and Alpro soya milk

*Use Vegan cheese

**Make using garlic bread 5011050 topped with little tomato puree and vegan cheese

^ 32000 Garlic bread

^^ Replace Honey with Sugar and serve with Egg Free Noodles or Rice

Unlimited vegetables, fruit and salad available every day. Water and milk is available daily.

All eggs are Free Range. All fish are Marine Stewardship Council certified. All Meat and Poultry is UK Farm Assured

If your child has a food allergy, please notify the school. All catering managers are trained on allergy awareness, and every effort will be made to accommodate your child's needs. Full allergy and recipe information is available for all dishes at www.argyll-bute.gov.uk/primary-school-meals-menu

Full details about our school meals can be found on the Council's website at www.argyll-bute.gov.uk/education-and-learning/school-meals

This menu is compliant with The Nutritional Requirements for Food and Drink in Schools (Scotland) Regulations 2020. This ensures more access to fruit and vegetables, reduction in sugar, red and red processed meat and ensures our children and young people have access to an appropriate amount of nutrients such as iron and vitamins.

The menu meets the standard required by the Soil Association Catering Mark Bronze Award, which promotes freshly made, sustainable and farm assured meals.